

my

Menu

Your Club
Logo Here

ENTREES

DESSERT

Kindness is your super power! Kindness BINGO

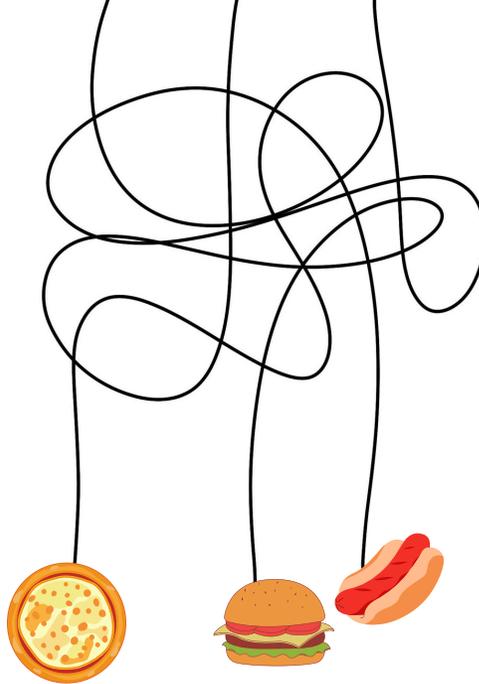
DRINKS

CLEAR YOUR MIND	MAKE SOMEONE SMILE	LET SOMEONE KNOW THEY ARE SPECIAL	GIVE YOURSELF COMPLIMENT	GIVE ENCOURAGEMENT
THINK OF SOMETHING YOU HAVE FINISHED	LIST 3 WAYS TO IMPROVE YOUR MOOD	HELP SOMEONE WITH A TASK	HELP A FRIEND	MAKE SOMEONE LAUGH
FORGET A MISTAKE	THINK OF SOMETHING PEACEFUL	FREE SPACE	LIST 3 WAYS TO BE HEALTHIER	WRITE A NICE NOTE TO SOMEONE
SING A SONG THAT MAKES YOU SMILE	LEARN SOMETHING NEW	LIST 3 FUTURE GOALS	THINK OF SOMETHING THAT MAKES YOU HAPPY	DRAW A NICE PICTURE
MAKE A LIST OF YOUR FAVORITE THINGS	GIVE TO OTHERS	THINK OF SOMETHING THAT CAME TRUE	GIVE PRAISE	MOTIVATE OTHERS



KIND
HELP
LOVE
CARE
SHARE

O	H	E	L	P	V
B	L	P	Z	O	K
S	H	A	R	E	Z
B	G	K	I	N	D
Q	L	O	V	E	B
U	T	C	A	R	E



The Optimist Creed

Promise Yourself

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

